



# CONFIDENTIAL

311 W. High Street  
Elkhart, Indiana 46516  
[www.elkhartsamaritan.org](http://www.elkhartsamaritan.org)  
Phone (574) 262-3597  
Fax (574) 262-3599

## Adolescent Initial Questionnaire (ages 13 - 17)

(FOR ADOLESCENT TO COMPLETE to best of their ability)

Adolescent's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Gender: \_\_\_\_\_ Adolescent email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Adolescent Phone: (\_\_\_\_) \_\_\_\_\_

Name of Mother: \_\_\_\_\_ Live with (Y or N) \_\_\_\_\_

Mother's DOB: \_\_\_/\_\_\_/\_\_\_ Address if different from above: \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_ Parent/Guardian phone: \_\_\_\_\_

Name of Father: \_\_\_\_\_ Live with (Y or N) \_\_\_\_\_

Father's DOB: \_\_\_/\_\_\_/\_\_\_ Address if different from above: \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_ Parent/Guardian phone: \_\_\_\_\_

Parent(s)/Guardians(s) Employer(s): \_\_\_\_\_

Parents relationship status:    Single    Partnered    Married    Separated    Divorced    Widowed

Do you (adolescent) work? \_\_\_Y \_\_\_N    Where? \_\_\_\_\_

What school do you attend? \_\_\_\_\_ What grade are you in / going into? \_\_\_\_\_

If you have siblings, please list ages, gender, and where each sibling lives: \_\_\_\_\_

How did you hear about the Samaritan Center? \_\_\_\_\_

Are you being required to seek counseling?    \_\_\_Y \_\_\_N    If yes, by whom? \_\_\_\_\_

Have you had other counseling or psychotherapy? \_\_\_Y \_\_\_N    If yes, by whom? \_\_\_\_\_

Please list current:    medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

                         medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

                         medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

(please continue listing medications on back of page if needed)

# Current Needs/Concerns

What are your reasons for wanting counseling? \_\_\_\_\_

When did these problems first start? \_\_\_\_\_

Since they started, have your problems: \_\_\_\_ Stayed the same? \_\_\_\_ Improved? \_\_\_\_ Worsened?

What's the reason you think these problems happen? \_\_\_\_\_

Has there been anything that has helped these problems before? \_\_\_\_\_

What would you like to see different, better, or changed in your life? \_\_\_\_\_

If faith or spirituality is a part of your life, do you see it as a source of strength \_\_\_\_? Or a contributor to your stressors \_\_\_\_? Would you like to discuss these beliefs/absence of beliefs during the course of therapy? \_\_\_\_ Y \_\_\_\_ N

List your strengths and things that you like to do or are good at: \_\_\_\_\_

**Please check concerns that apply to you:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Bereavement (grief)                  | <input type="checkbox"/> Illness of self or other person(s)  | <input type="checkbox"/> Tics/repetitive behaviors    |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Hyperactivity                       | <input type="checkbox"/> Adjustment problems          |
| <input type="checkbox"/> Anxiety                              | <input type="checkbox"/> Religious/Spiritual doubts or fears | <input type="checkbox"/> Lies/steals                  |
| <input type="checkbox"/> Panic                                | <input type="checkbox"/> Intense anger                       | <input type="checkbox"/> Loss of hope or meaning      |
| <input type="checkbox"/> Problems at school                   | <input type="checkbox"/> Low self-esteem                     | <input type="checkbox"/> Loss of self-respect         |
| <input type="checkbox"/> Nervousness or shakiness             | <input type="checkbox"/> Physical abuse                      | <input type="checkbox"/> Hurts self on purpose        |
| <input type="checkbox"/> Defiant/Oppositional                 | <input type="checkbox"/> Poor relationship with peers        | <input type="checkbox"/> Fear                         |
| <input type="checkbox"/> Difficulty focusing/paying attention | <input type="checkbox"/> Impulse control                     | <input type="checkbox"/> Decreased interest in things |
| <input type="checkbox"/> Boyfriend/Girlfriend issues          | <input type="checkbox"/> Unusual feelings                    | <input type="checkbox"/> Sleep Trouble or Nightmares  |
| <input type="checkbox"/> Sexual concerns                      | <input type="checkbox"/> Suicidal feelings or thoughts       | <input type="checkbox"/> Alcohol/Drugs                |
| <input type="checkbox"/> Cries easily                         | <input type="checkbox"/> Relationship issues with parents    | <input type="checkbox"/> Stomachaches/headaches       |
| <input type="checkbox"/> Issues with eating                   | <input type="checkbox"/> Relationship issues with siblings   | <input type="checkbox"/> Afraid to be alone           |

Other: \_\_\_\_\_

Do you believe that you can be helped? \_\_\_\_ Y \_\_\_\_ N

**(Circle or Check)**

Please rate these statements:	Strongly Agree	Agree	Not Sure	Disagree	Strongly Disagree
I feel good about myself:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can deal with my problems:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel I have control over my behaviors and actions:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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In the last 6 months how many times have you seen a medical professional? \_\_Zero \_\_1 \_\_1-2 \_\_4-5 \_\_More

Do you have a serious medical condition or chronic illness? If so, please state: \_\_\_\_\_

\_\_\_\_\_

Is there anything else that you would like for us to know that we did not ask about on this form? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Thank you for completing this form. Please bring it with you to your intake session to review with your therapist.