

SHAPING HOPE, AUTHENTICITY, AND MEANING THROUGH ENGAGEMENT



Have you ever felt as though “if he/she really knew me”, then they wouldn’t _____ (love, respect, support, etc.) me anymore?

Do you ever question your own worthiness and wonder whether you are “enough”?

Would you like to have the experience of connection and acceptance and hearing others say “me too” when you express vulnerable feelings?

If any of these statements ring true, perhaps **SHAME** is a group for you!

This will be a closed group for men and women who are seeking connection through a process group psychotherapy experience facilitated by Aaron Detwiler, LCSW and Carmen Burlingame, LSW.

This will be an on-going, continuous group meeting weekly beginning Wednesday, February 12th from 6:00-7:30 PM at the Samaritan Health and Living Center.

311 W. High St
Elkhart, IN 46516

Cost: The initial screening fee will be \$70 for 30-minute session; each subsequent session will cost \$55. Insurance and/or a need-based fee reduction can be discussed further.

Screening appointments for group need to be completed by Friday, December 20th, 2019. Please contact Carmen Burlingame (574-262-3597 x105) or Aaron Detwiler (574-262-3597 x124) for more information.